

Sept 12 - Dec 10

Fall Recreation Guide 2016

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Register!

September 12 — December 9



www.mtcouncil.com

BOOK WITH US!

**ASK ABOUT OUR
BIRTHDAY, BRIDAL &
BUSINESS RENTAL
PACKAGES**

www.mtcouncil.com/rentals

Email csr@mtcouncil.com to book!

EVENTS

- Used Toy & Clothing Sale - October 8
- Halloween Spooktacular - October 25
- Christmas Craft Fair - November 5
- Kid's Christmas Party - December 7

For more event details please visit
www.mtcouncil.com

or email events@mtcouncil.com

Resident	*1 Time - \$13
<u>Drop-in Passes:</u>	*6 Time - \$64

Non-Resident	*1 Time - \$15
<u>Drop-in Passes:</u>	*6 Time - \$76

Monday

*** Adult classes that allow drop-ins**

Children & A

Program	Starts	Time	Weeks	Age	Resident	Non-Resident
Homeschool Picasso!	Sept 26	10:00 - 11:00 am	10	6-16	\$60	\$78
*Senior Modified Yoga	Sept 12	10:30 - 11:30 am	12	Adult	\$102	\$135
Justin's Mighty Dragons	Sept 12	5:30 - 6:15 pm	11	4-5	\$83	\$110
Hip Hop	Sept 12	6:00 - 6:45 pm	11	4-6	\$99	\$132
*Zumba	Sept 12	6:15 - 7:15 pm	11	14+	\$83	\$110
Family Martial Arts	Sept 12	6:30 - 7:30 pm	11	6+	\$83	\$110
*Tabata	Sept 12	7:45 - 8:45 pm	11	Adult	\$88	\$116
*Restorative Yoga	Sept 12	7:45 - 8:45 pm	10	Adult	\$75	\$100

Tuesday

Program	Starts	Time	Weeks	Age	Resident	Non-Resident
Zumbini	Sept 13	9:15 - 10:00 am	10	1 mo. - 4	\$120	\$145
*Gentle Yoga	Sept 13	9:30 - 10:30 am	12	Adult	\$96	\$126
NEW Mad Science ★	Oct 18	5:45 - 6:45 pm	8	6-10	\$110	\$143
*Beginner Flow Yoga	Sept 13	6:30 - 7:45 pm	12	Adult	\$114	\$147
*Total Body Workout	Sept 13	6:40 - 7:40 pm	12	Adult	\$96	\$129
*Total Body Workout	Sept 13	7:50 - 8:50 pm	12	Adult	\$96	\$129

★ Mad Science—Brixology: [Click here to register.](#) [Click here to read the description.](#)

Wednesday

Program	Starts	Time	Weeks	Age	Resident	Non-Resident
*Zumba Gold	Sept 14	10:30 - 11:30 am	13	Adult	\$85	\$114
*Zumba	Sept 14	6:15 - 7:15 pm	12	14+	\$90	\$120
Family Martial Arts	Sept 14	6:30 - 7:30 pm	11	6+	\$83	\$110
*Kickboxing	Sept 14	7:45 - 8:45 pm	11	Adult	\$83	\$110

Adult Classes

Prices do not include GST

Thursday

Program	Starts	Time	Weeks	Age	Resident	Non-Resident
Zumba Kids	Sept 15	5:45 - 6:30 pm	13	7-12	\$98	\$130
Etiquette Factory	Sept 22	6:00 - 7:00 pm	12	5-9	\$105	\$135
*Total Body Workout	Sept 15	6:40 - 7:40 pm	13	Adult	\$104	\$137
*Mixed Flow Yoga	Sept 15	7:15 - 8:30 pm	13	Adult	\$124	\$157
*Total Body Workout	Sept 15	7:50 - 8:50 pm	13	Adult	\$104	\$137

Friday

Program	Starts	Time	Weeks	Age	Resident	Non-Resident
Sportball Junior	Sept 16	9:15 - 10:00 am	12	16 mos. - 2 yr.	\$156	\$189
Sportball Parent & Child	Sept 16	10:00 - 10:45 am	12	2-3	\$156	\$189
Sportball Multisport	Sept 16	10:45 - 11:45 am	12	3-5	\$156	\$189
Beginner Ballet (co-ed)	Sept 16	4:30 - 5:15 pm	12	5-6	\$108	\$141
Intro Ballet (co-ed)	Sept 16	5:25 - 5:55 pm	12	3-4	\$96	\$129



WHEN YOU SIGN UP FOR THE SAME CLASS TWICE A WEEK,
RECEIVE A 15% DISCOUNT!

DEAL APPLIES TO THE FOLLOWING CLASSES **ONLY:**

FAMILY MARTIAL ARTS, JUSTIN'S MIGHTY DRAGONS,
 ZUMBA, & TOTAL BODY WORKOUT.

CLASSES WILL BE **CANCELLED** UP TO **3 DAYS PRIOR**
 TO THE START DATE IF THE MINIMUM ENROLLMENT NUMBER HAS NOT BEEN MET.

RECREATION INQUIRIES CONTACT
RECREATION PROGRAMMER
403-781-6612 EXT. 3
REC@MTCOUNCIL.COM

DROP-IN GYM SCHEDULE

For descriptions & up to date schedule: mtcouncil.com/schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00 am		Senior Walking Group	Playgroup 9:30 - 11:30 am	Senior Walking Group			
10:00 am							
11:00 am						Birthday Party Rentals	Birthday Party Rentals
12:00 pm		Playgroup 12:00 - 2:30 pm				Birthday Party Rentals	Birthday Party Rentals
1:00 pm						Birthday Party Rentals	Birthday Party Rentals
2:00 pm						Birthday Party Rentals	Birthday Party Rentals
3:00 pm	Youth	Youth	Youth	Youth	Youth		Parent & Child (-18)
4:00 pm							
5:00 pm	Parent & Child (-18)	Parent & Child (-18)	Parent & Child (-18)	Parent & Child (-18)	Parent & Child (-18)		
6:00 pm						Parent & Child (-18)	
7:00 pm		Adult Basketball	Adult Badminton		Adult Basketball	Adult Floor Hockey	
8:00 pm							

*Please note: Drop-in Gym Activities end at 8:45 pm in the Gymnasium, Monday - Saturday.

SOCIAL GROUPS

Playgroup

As we fill our gym with exciting toys, we invite you to bring your toddler to play, visit and have a good time. FREE for McKenzie Towne Residents. Non-Residents must be a guest of a Resident and pay \$2/child to drop-in. Only two adult guests per Resident. (Parents are FREE)

All social groups are **FREE** for residents. Non-resident adults are charged \$2.00 and must be a residents' guest.

Bridge

Mondays 1:00 - 4:00 pm

A group dedicated to playing bridge. Come and join the group for some fun games around the card table. No equipment needed, just come ready to play some cards!

Senior Walking Group

Walk 9:30 - 11:00 am; Coffee 11:00 am - 12:00 pm

Get your exercise indoors in our gymnasium, meet up with friends, or come on your own. Coffee and cards will be available after. FREE for McKenzie Towne Residents. Non-Residents must be a guest of a Resident and pay \$2 to drop-in.

Office Hours:

Monday - Friday
9:00 am - 5:00 pm

Contact:

McKenzie Towne Council
40 McKenzie Towne Blvd. SE,
T2Z 4X5
Phone: (403) 781-6612
Email: inquiries@mtcouncil.com

Hall Hours:

Monday - Saturday
9:00 am - 9:00 pm
Sundays and Holidays
10:30 am - 6:00 pm