

DROP-IN SCHEDULE

ADULTS

Monday: Volleyball • 6:15 pm- 8:15 pm

Monday & Wednesday:

Pickleball • 12:00 pm– 2:00 pm

Tuesday & Friday:

Basketball • 6:30 pm- 8:30 pm

Wednesday: Badminton • 6:30 pm- 8:30 pm

Saturday: Floor Hockey • 7:00 pm- 8:30 pm

YOUTH

Monday to Friday: 3:00 pm- 4:30 pm.

PARENT & CHILD

Monday to Friday: 4:45 pm- 6:00 pm

Saturday: 5:00 pm- 7:00 pm

Sunday: 3:30 pm- 5:00 pm

SOCIAL GROUP SCHEDULE



PLAYGROUP

TUESDAYS: 11:00AM-1:00PM

WEDNESDAYS 9:30AM-11:30AM

WALKING GROUP

TUESDAYS & THURSDAYS

9:30AM - 11:00AM

COFFEE • 11:00AM-12:00PM

BRIDGE

MONDAYS 1:00PM-4:00PM

KNITTING SOCIAL GROUP

LAST THURSDAY

OF EVERY MONTH

TIME: 6:30 - 8:30 PM