

June 26 - September 1

Summer Recreation Guide 2017

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Announcements

STAT Holidays
 Monday, July 3rd - Canada Day
 Monday, August 7 - Heritage Day
 No classes on STAT holidays

Drop-in Pickleball
 Monday's 12:00-2:00 pm

No Wednesday Pickleball & Tuesday Playgroup due to Summer Camps

www.mtcouncil.com

Resident	*1 Time - \$13
<u>Drop-in Passes:</u>	*6 Time - \$64

Non-Resident	*1 Time - \$15
<u>Drop-in Passes:</u>	*6 Time - \$76

BOOK WITH US!
ASK ABOUT OUR BIRTHDAY, BRIDAL & BUSINESS RENTAL PACKAGES

www.mtcouncil.com/rentals
 Email csr@mtcouncil.com to book!

EVENTS

Music in the Park
 Promenade Park // June 18th
 (12:00 pm - 3:00pm)

Stampede Breakfast
 High Street// July 13th
 (9:00 am - 11:00 am)

For more event details please visit www.mtcouncil.com

Monday

*** Adult classes that allow drop-ins**

Children & A

Program	Starts	Time	Weeks	Age	Resident	Non-Resident
Senior Modified Yoga	June 26	10:30 - 11:30 am	8	Adult	\$90	\$108
Justin's Mighty Dragons	June 26	5:30 - 6:15 pm	8	4-5	\$70	\$88
STRONG by Zumba	July 10	6:15 - 7:15 pm	4	14+	\$44	\$57 NEW
Family Martial Arts	June 26	6:30 - 7:30 pm	8	6+	\$73	\$85
H.I.T.T. & Core	June 26	7:30 - 8:30 pm	8	Adult	\$85	\$99

Tuesday

Program	Starts	Time	Weeks	Age	Resident	Non-Resident
Post-Natal Care & More!	June 27	11:30 - 12:30 am	4	Adult	\$60	\$68 NEW
Restorative Yoga	June 27	5:15 - 6:15 pm	10	Adult	\$75	\$100
Beginner Flow Yoga	June 27	6:30 - 7:45 pm	10	Adult	\$110	\$132
Total Body Workout	June 27	7:00 - 8:15pm	10	Adult	\$90	\$122

Wednesday

Program	Starts	Time	Weeks	Age	Resident	Non-Resident
Zumba Gold	July 5	10:30 - 11:30 am	4	Adult	\$40	\$44
Intro Ballet	June 28	5:00 - 5:30 pm	9	3-4	\$96	\$129
Dance Explosion	June 28	5:40 - 6:25 pm	9	4-6	\$74	\$87
Hip-Hop	June 28	6:35 - 7:20 pm	9	4-6	\$100	\$112
NEW Bootcamp	July 5	6:00 - 7:00 pm	9	Adult	\$75	\$82
Sportball Outdoor Soccer	July 5	6:00 - 7:00 pm	8	3-5	\$130	\$140
Sportball Outdoor Soccer	July 5	7:00 - 8:00 pm	8	6-8	\$130	\$140
Justin's Mighty Dragons	June 28	5:30 - 6:15 pm	10	4-5	\$83	\$110
Family Martial Arts	June 28	6:30 - 7:30 pm	10	6+	\$92	\$105

Outdoor Soccer is located at Elgin Way field

Thursday

Program	Starts	Time	Weeks	Age	Resident	Non-Resident
Little Yogi's	June 29	6:00 - 7:00 pm	10	3-6	\$83	\$110
Total Body Workout	June 29	7:00 - 8:15 pm	10	Adult	\$90	\$122
Mixed Flow	June 29	7:15 - 8:30 pm	10	Adult	\$110	\$132

Adult Classes

Prices do not include GST

Friday

Program	Starts	Time	Weeks	Age	Resident	Non-Resident
Sportball Junior	July 7	9:15 - 10:00 am	8	16 mos. - 3 yr.	\$130	\$156
Sportball Multisport	July 7	10:00 - 10:45 am	8	3-5	\$130	\$156
Sportball Multisport	July 7	10:45 - 11:45 am	8	6-8	\$130	\$156

Saturday

Program	Starts	Time	Weeks	Age	Resident	Non-Resident
NEW Bootcamp	July 8	9:15 - 10:15 am	9	Adult	\$75	\$82
Sportball Outdoor Soccer	July 8	9:15 - 10:00 am	7	2-3	\$120	\$130
Sportball Outdoor T-ball	July 8	10:00 - 11:00 am	7	3-5	\$120	\$130
Sportball Outdoor Soccer	July 8	11:00 - 12:00 pm	7	3-5	\$120	\$130

Outdoor Soccer & T-ball are located at Elgin Way field

MTC Full Day Summer Camps (5-11 years)

Camps	Dates	Time	Resident	Non-Resident
Week 1: Super Hero (Short Week)	July 4 - 7	9:00 am - 4:00 pm	\$136	\$160
Week 2: Culture Shock	July 10 - 14	9:00 am - 4:00 pm	\$170	\$200
Week 3: Animal Friends	July 17 - 21	9:00 am - 4:00 pm	\$170	\$200
Week 4: Blast from the past	July 24 - 28	9:00 am - 4:00 pm	\$170	\$200
Week 5: Crazy Laboratory	July 31 - Aug 4	9:00 am - 4:00 pm	\$170	\$200
Week 6: Art Attack (Short Week)	Aug 8 - 11	9:00 am - 4:00 pm	\$136	\$160
Week 7: End of Summer Bash	Aug 14 - 18	9:00 am - 4:00 pm	\$170	\$200

Policies regarding classes can be found at www.mtcouncil.com/recreation/classes/

Speciality Summer Camps

Camps	Dates	Time	Resident	Non-Resident
Sportball Summer Camps (3-6 years)	July 17 - 20	1:00 pm - 4:00 pm	\$90	\$100
Sportball Summer Camps (3-6 years)	Aug 14 - 17	1:00 pm - 4:00 pm	\$90	\$100
Prince Basketball Camp (10-14 years)	July 10 - 13	9:00 am - 12:00 pm	\$100	\$130
Prince Basketball Camp (6-10 years)	Aug 21 - 24	9:00 am - 12:00 pm	\$100	\$130

Camp registration can only be done in-person at McKenzie Towne Hall

Office Hours:

Monday - Friday
9:00 am - 5:00 pm

RECREATION INQUIRIES CONTACT

RECREATION PROGRAMMER
403-781-6612 EXT. 3
REC@MTCOUNCIL.COM

Hall Hours:

Monday - Saturday
9:00 am - 9:00 pm

Sundays and Holidays
10:30 am - 6:00 pm

DROP-IN GYM SCHEDULE

For descriptions & up to date schedule: mtcouncil.com/schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00 am		Walking Group 9:30 - 11:00 pm	Playgroup 9:30 - 11:30 am	Walking Group 9:30 am - 11:00pm			
10:00 am							
11:00 am						Birthday Party Rentals	Birthday Party Rentals
12:00 pm	Pickleball					Birthday Party Rentals	Birthday Party Rentals
1:00 pm	12:00 - 2:00 pm					Birthday Party Rentals	Birthday Party Rentals
2:00 pm						Birthday Party Rentals	Birthday Party Rentals
3:00 pm	Youth 3:00-4:30 pm	Youth 3:00-4:30 pm	Youth 3:00-4:30 pm	Youth 3:00-4:30 pm	Youth 3:00-4:30 pm		Parent & Child (-18) 3:30-5:30 pm
4:00 pm							
5:00 pm	Parent & Child (-18) 4:45-6:00 pm	Parent & Child (-18) 4:45-6:00 pm	Parent & Child (-18) 4:45-6:00 pm	Parent & Child (-18) 4:45-6:00 pm	Parent & Child (-18) 4:45-6:30 pm		
6:00 pm						Parent & Child (-18) 5:00-7:00 pm	
7:00 pm		Adult Basketball 6:30-8:30 pm	Adult Badminton 7-8:30 pm		Adult Basketball 6:30-8:30 pm	Adult Floor Hockey 7-8:30 pm	
8:00 pm							

***Please note: Drop-in Gym Activities end at 8:30 pm in the Gymnasium, Monday - Saturday.**

SOCIAL GROUPS**Playgroup**

**Tuesdays 12:00 pm - 2:30 pm &
Wednesdays 9:30 am - 11:30 am**

As we fill our gym with exciting toys, we invite you to bring your toddler to play, visit and have fun!

All social groups are **FREE** for residents. Non-resident adults are charged \$2.00 and must be a residents' guest.

Bridge

Mondays 1:00 - 4:00 pm

A group dedicated to playing bridge. Come and join the group for some fun games around the card table. No equipment needed, just come ready to play some cards!

Walking Group

Walk 9:30 - 11:00 am; Coffee 11:00 am - 12:00 pm

Get your exercise indoors in our gymnasium, meet up with friends, or come on your own. Coffee and cards will be available after.

Crafting Group

Monday 6:00-8:00pm,

Wednesdays 12:00 - 2:00 pm

A group dedicated to bringing their own supplies for crafting and engage in art together. It's a great way to socialize and meet others.

Pickleball

Mondays 12:00 pm - 2:00 pm

This sport is combined with tennis and badminton. It is low impact where all ages can play! Check out the video on the McKenzie Towne website on how the game is played.

<http://mtcouncil.com/recreation/drop-in-gym>

Contact:

McKenzie Towne Council
40 McKenzie Towne Blvd. SE,
T2Z 4X5
Phone: (403) 781-6612
Email: inquiries@mtcouncil.com